

Psalms of the Heart

Selected verses from each chapter by Rick McKinney from the New International Version

- Ps. 1:1-2 Blessed is the man whose delight is in the law of the LORD, and on his law he meditates day and night.
- Ps. 2:8 Ask of me and I will make the nations your inheritance, the ends of the earth your possession.
- Ps. 3:5 I lie down and sleep; I wake again, because the LORD sustains me.
- Ps. 4:7 You have filled my heart with greater joy than when their grain and new wine abound.
- Ps. 5:7 But I, in your great mercy, will come into your house; in reverence I will bow down toward your holy temple.
- Ps. 6:4 Turn, O LORD, and deliver me; save me because of your unfailing love.
- Ps. 7:7 Let the assembled peoples gather around you. Rule over them from on high.
- Ps. 8:1 O LORD, our Lord, how majestic is your name in all the earth. You have set your glory above the heavens.
- Ps. 9:14 I will declare your praises in the gates of the Daughter of Zion and there rejoice in your salvation.
- Ps. 10:14 But you, O God, do see trouble and grief; you consider it to take it in hand. The victim commits himself to you.
- Ps. 11:1 In the LORD I take refuge. How then can you say to me: "Flee like a bird to your mountain?"
- Ps. 12:6 The words of the LORD are flawless; like silver refined in a furnace of clay, purified seven times.
- Ps. 13:5 But I trust in your unfailing love; my heart rejoices in your salvation.
- Ps. 14:2 The LORD looks down from heaven on the sons of men, to see if there are any who understand, any who seek God.
- Ps. 15:1 LORD, who may dwell in your sanctuary? Who may live on your holy hill?
- Ps. 16:8 You will make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures in your hand.
- Ps. 17:15 And I -- in righteous I will see your face; when I awake, I will be satisfied in seeing your likeness.
- Ps. 18:2 The LORD is my rock, my fortress and my deliverer. He is my shield and the horn of my salvation, my stronghold.
- Ps. 19:14 May the words of my mouth and the meditation of my heart be pleasing in your sight, O LORD, my Rock and my Redeemer.
- Ps. 20:1 May the LORD answer you when you are in distress; may name of the God of Jacob protect you.
- Ps. 21:1 O LORD, the king rejoices in your strength. How great is his joy in the victories you give.
- Ps. 22:1,4 My God, my God, why have you forsaken me? In you our fathers put their trust; they trusted and you delivered them.
- Ps. 23:1 The LORD is my shepherd, I shall not want.
- Ps. 24:1 The earth is the LORD's and everything in it, the world, and all who live in it.
- Ps. 25:5 O LORD guide me in your truth and teach me, for you are God my savior, and my hope is you all the day long.
- Ps. 26:2 Test me, O LORD, and try me, examine my heart and my mind; for your love is ever before me.
- Ps. 27:4 One thing I ask of the LORD, that is what I seek; that I may dwell in the house of the LORD all the days of my life.
- Ps. 28:2 Hear my cry for mercy as I call to you for help, as I lift up my hands toward your Most Holy Place.
- Ps. 29:2,4 Ascribe to the LORD the glory due his name; the voice of the LORD is powerful; the voice of the LORD is majestic.
- Ps. 30:5 The LORD's anger lasts only a moment, but his favor lasts a lifetime.
- Ps. 31:5 Into your hands I commit my spirit; redeem me, O LORD, the God of truth.
- Ps. 32:1 Blessed is he whose transgressions are forgiven, whose sins are covered.
- Ps. 33:18 But the eyes of the LORD are on those who fear him, on those whose hope is in his unfailing love.
- Ps. 34:1 I will extol the LORD at all times; his praise will always be on my lips.
- Ps. 35:10 My whole being will exclaim, "Who is like you, O LORD?" You rescue the poor from those too strong for them.
- Ps. 36:9 For with you is the fountain of life; in your light we see light.
- Ps. 37:5-6 Commit your way to the LORD; trust in him and he will do this: He will make your righteousness shine like the dawn.
- Ps. 38:9 All my longings lie open before you, O Lord; my sighing is not hidden from you.
- Ps. 39:6-7 Man is a mere phantom as he goes to and fro: He bustles about, but only in vain; but my hope is in you.
- Ps. 40:1-2 I waited patiently for the LORD; he turned to me and heard my cry. He lifted me out of the slimy pit, out of the mire.
- Ps. 41:13 Praise be to the LORD, the God of Israel, from everlasting to everlasting. Amen and Amen.
- Ps. 42:1-2 As the deer pants for streams of water, so my soul pants for you, O God. My soul thirsts for God, for the living God.
- Ps. 43:5 Why are you downcast, O my soul? Put your hope in God, for I will yet praise him, my Savior and my God.
- Ps. 44:8 In God we make our boast all day long, and we will praise your name forever.
- Ps. 45:6 Your throne, O God, will last for ever and ever; a scepter of justice will be the scepter of your kingdom.
- Ps. 46:10 "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."
- Ps. 47:1-2 Clap your hands, all you nations; shout to God with cries of joy. How awesome is the LORD Most High.
- Ps. 48:1 Great is the LORD, and most worthy of praise, in the city of our God, his holy mountain.
- Ps. 49:15 But God will redeem my life from the grave; he will surely take me to himself. Selah
- Ps. 50:15 Call upon me in the day of trouble; I will deliver you, and you will honor me.

Ps. 51:10 Create in me a pure heart, O God, and renew a steadfast spirit within me.

Ps. 52:9 I will praise you forever for what you have done. I will praise you in the presence of the saints.

Ps. 53:2 God looks down from heaven on the sons of men to see if there are any who understand, any who seek God.

Ps. 54:4 Surely God is my help; the LORD is the one who sustains me.

Ps. 55:22 Cast your cares on the LORD and he will sustain you; he will never let the righteous fall.

Ps. 56:13 For you have delivered me from death and my feet from stumbling, that I may walk before God in the light of life.

Ps. 57:5 Be exalted, O God, above the heavens; let your glory be over all the earth.

Ps. 58:11 Then men will say, "Surely the righteous still are rewarded; surely there is a God who judges the earth.

Ps. 59:17 O my Strength, I sing praise to you; you O God are my fortress, my loving God.

Ps. 60:12 With God we will gain the victory, and he will trample down our enemies.

Ps. 61:2 From the ends of the earth I call to you, I call as my heart grows faint; lead me to the rock that is higher than I.

Ps. 62:11 One thing God has spoken, two things have I heard: that you O God are strong, and that you O LORD are loving.

Ps. 63:1 O God, you are my God, earnestly I seek you; my soul thirsts for you, my body longs for you, in a dry and weary land.

Ps. 64:10 Let the righteous rejoice in the LORD and take refuge in him; let all the upright in heart praise him!

Ps. 65:1-2 Praise awaits you O God, in Zion; to you our vows will be fulfilled. O you who hear prayer, to you all men will come.

Ps. 66:16 Come and listen, all you who fear God; let me tell you what he has done for me.

Ps. 67:3 May the people praise you, O God; may all the peoples praise you. May the nations be glad and sing for joy.

Ps. 68:34 Proclaim the power of God, whose majesty is over Israel, whose power is in the skies. You are awesome, O God.

Ps. 69:13 But I pray to you, O LORD, in the time of your favor, in your great love, O God, answer me with your sure salvation.

Ps. 70:4 May all those who seek you rejoice and be glad in you, may those who love your salvation always say, 'Let God be exalted.'

Ps. 71:18 Even when I am old and gray, do not forsake me, O God till I declare your power to the next generation and those to come.

Ps. 72:18 Praise be to the LORD God, the God of Israel, who alone does marvelous deeds. Praise be to his glorious name forever.

Ps. 73:26 My flesh and my heart may fail, but God is the strength of my heart and my portion forever.

Ps. 74:12,16 But you, O God, are my king from of old; you bring salvation upon the earth. The day is yours, and yours also the night.

Ps. 75:9 As for me, I will declare this forever; I will sing praise to the God of Jacob.

Ps. 76:4 You, O LORD, are resplendent with light more majestic than the mountains rich with game.

Ps. 77:12 I will meditate on all your works and consider all your mighty deeds. Your ways, O God, are holy.

Ps. 78:35 They remembered that God was their Rock, that God Most High was their Redeemer.

Ps. 79:9 Help us, O God our Savior, for the glory of your name; deliver us and forgive our sins for your name's sake.

Ps. 80:19 Restore us, O LORD God Almighty; make your face shine upon us, that we may be saved.

Ps. 81:10 I am the LORD your God, who brought you up out of Egypt. Open wide your mouth and I will fill it.

Ps. 82:1,8 God presides in the great assembly. Rise up O God, judge the earth, for all the nations are your inheritance.

Ps. 83:18 Let them know that you, whose name is the LORD -- that you alone are the Most High over all the earth.

Ps. 84:1,5 How lovely is your dwelling place... Blessed are those whose strength is in you, who have set their hearts on pilgrimage.

Ps. 85:9,11 Surely his salvation is near to those who fear him, that his glory may dwell in our land. He will indeed give what is good.

Ps. 86:11 Teach me your way O LORD, and I will walk in your truth; give me an undivided heart, that I may fear your name.

Ps. 87:2-3 The LORD loves the gates of Zion more than all the dwellings of Jacob. Glorious things are said of you, O city of God.

Ps. 88:1-2 LORD, the God who saves me, day and night I cry out before you. May my prayer come before you; turn your ear to my cry.

Ps. 89:15 Blessed are those who have learned to acclaim you, who walk in the light of your presence, O LORD.

Ps. 90:1-2 Lord, you have been our dwelling place throughout all generations.... from everlasting to everlasting you are God.

Ps. 91:1-2 He who dwells in the shelter of the Most High will rest in the shadow of the Almighty.... He is my refuge and my fortress.

Ps. 92:1-2 It is good to praise the LORD and make music to your name, O Most High, to proclaim your love in the morning and ..night.

Ps. 93:4 Mightier than the thunder of the great waters, mightier than the breakers of the sea - the LORD on high is mighty.

Ps. 94:18 When I said, "My foot is slipping," your love O LORD, supported me. When anxiety was great within me, you brought joy.

Ps. 95:6 Come, let us bow down in worship, let us kneel before the LORD, for he is our God and we are his people he pastures.

Ps. 96:1,6,9 Sing to the LORD a new song. Ascribe to the LORD the glory due his name. Worship the LORD in the splendor of holiness.

Ps. 97:9-10 For you O LORD are high over all the earth; you are exalted far above all gods. Let those who love the LORD hate evil.

Ps. 98:1,8 Sing to the LORD a new song for he has done marvelous things. Let the rivers clap their hands and the mountains sing.

Ps. 99:1,2 The LORD reigns, let the nations tremble; he sits enthroned between the cherubim, let the earth shake. He is exalted over all.

Ps. 100:3 Know that the LORD is God. It is he who made us, and we are his people, the sheep of his pasture.

Ps. 101:1 I will sing of your love and justice; to you O LORD I will sing praise. v. 3 I will set before my eyes no vile thing.

Ps. 102:25 In the beginning you laid the foundations of the earth and the heavens are your work. They will perish, but you remain.

Ps. 103:2 Praise the LORD, O my soul; and forget not all his benefits - v 3-5 who forgives, heals, redeems, crowns, and satisfies.

Ps. 104:24 How many are your works, O LORD! In wisdom you made them all; the earth is full of your creatures.

Ps. 105:1 Give thanks to the LORD, call on his name; make known among the nations what he has done.

Ps. 106:48 Praise be to the LORD, the God of Israel, from everlasting to everlasting. Let all the people say, "Amen!" Praise the LORD.

Ps. 107:28 Then they cried out to the LORD in their trouble & he brought them out of their distress. He stilled the storm to a whisper.

Ps. 108:1,4 My heart is steadfast, O God; I will sing and make music with all my soul. For great is your love, higher than the heavens.

Ps. 109:31 The LORD stands at the right hand of the needy one, to save his life from those who condemn him.

Ps. 110:3 Your troops will be willing on the day of battle. Arrayed in holy majesty, your young men will come to you like the dew.

Ps. 111:2 Great are the works of the LORD; they are pondered by all who delight in them.

Ps. 112:5 Good will come to him who is generous and lends freely, who conducts his affairs with justice.

Ps. 113:3 From the rising of the sun to the going down of the same, the name of the LORD is to be praised.

Ps. 114:7 Tremble, O earth, at the presence of the Lord, at the presence of the God of Jacob.

Ps. 115:1 Not to us, not to us, but to your name be the glory, because of your love and faithfulness.

Ps. 116:6,7 When I was in great need, he saved me. Be at rest once more, O my soul, for the LORD has been good to you.

Ps. 117:1,2 Praise the LORD, all you nations; extol him, all you peoples. For great is his love toward us. It endures forever.

Ps. 118:24 This is the day the LORD has made; let us rejoice and be glad in it.

Ps. 119:105 Thy word is a lamp to my feet and a light for my path.

Ps. 120:1 I call on the LORD in my distress, and he answers me.

Ps. 121:1-2 I lift up my eyes to the hills - where does my help come? My help come from the LORD, the maker of heaven and earth.

Ps. 122:1-2 I rejoiced with those who said to me, Let us go to the house of the LORD. Our feet are standing in your gates, O Jerusalem.

Ps. 123:2 As the eyes of the maid look to the hand of her mistress, so our eyes look to the LORD, our God, till he shows us his mercy.

Ps. 124:2 If the LORD had not been our side, then the flood would have engulfed us & the raging waters would have swept us away.

Ps. 125:1 Those who trust in the LORD are like Mount Zion, which cannot be shaken, but endures forever.

Ps. 126:1,3 When the LORD brought back the captives to Zion... The LORD has done great things for us. We are filled with joy.

Ps. 127:1 Unless the LORD builds the house, its builders labor in vain. Unless the LORD watches over the city, its watchmen guard in vain.

Ps. 128:1,3 Blessed are all who fear the LORD, who walk in his ways. Your wife will be like a fruitful vine in your house.

Ps. 129:2,4 They have greatly oppressed me from my youth, but they have not gained the victory over me. The LORD cut me free.

Ps. 130:3,7 If you, O LORD, kept a record of sins, O Lord, who could stand? For with the LORD is unfailing mercy & full redemption.

Ps. 131:2 I have stilled and quieted my soul; like a weaned child with its mother, like a weaned child is my soul within me.

Ps. 132:7,8 Let us go to God's dwelling place, let us worship at his footstool. Arise, O LORD, and come to your resting place.

Ps. 133:1,2 How good and pleasant it is when brothers dwell in unity. It is like the precious oil poured on the head.

Ps. 134:1,2 Praise the LORD all you servants of the LORD who minister by night in his house. Lift up your hands and bless the LORD.

Ps. 135:13,1 Your name O LORD endures forever, your renown through all generations. Praise the name of the LORD.

Ps. 136:1-3 Give thanks to the LORD, for he is good. His love endures forever. Give thanks to the God of gods... the Lord of lords.

Ps. 137:4,5 How can we sing the songs of the LORD while in a foreign land? If I forget you O Jer., may my right hand forget its skill.

Ps. 138:8 The LORD will fulfill his purpose for me; your love, O LORD, endures forever - do not abandon the works of your hands.

Ps. 139:1,2 LORD, you have searched me and you know me. You know when I sit and when I rise & perceive my thoughts from afar.

Ps. 140:12 I know that the LORD secures justice . . . Surely the righteous will praise your name and the upright will live before you.

Ps. 141:1-2 I call to you... May my prayer be set before you like incense; may the lifting of my hands be like the evening sacrifice.

Ps. 142:1-2 I cry aloud. I lift up my voice to the LORD for mercy. I pour out my complaint before him; before him I tell my trouble.

Ps. 143:8 Let the morning bring me word of your unfailing love, for I have put my trust in you. Show me the way I should go.

Ps. 144:2 He is my loving God and my fortress, my stronghold, and my deliverer, my shield, in whom I take refuge, my Rock.

Ps. 145:9,8 The LORD is gracious and compassionate to all he has made, slow to anger and rich in love.

Ps. 146:5 Blessed is he whose help is the God of Jacob, whose hope is the LORD his God, the Maker of heaven and earth.

Ps. 147:11 The LORD delights in those who fear him, who put their hope in his unfailing love.

Ps. 148:3,7 Praise him sun and moon, praise him, all you shining stars. Praise the LORD from the earth, you great sea creatures...

Ps. 149:1,5 Sing to the LORD a new song, his praise in the assembly. Let the saints rejoice in this honor, and sing for joy on their beds.

Ps. 150:3-6 Praise him with trumpets, harp & lyre, tambourine, dancing, & cymbals. Let everything that has breath praise the LORD.